



SAPIENZA  
UNIVERSITÀ DI ROMA



Pietro PERSIANI



Infezioni osteoarticolari in età pediatrica

**URGENZA DIAGNOSTICA E TERAPEUTICA**

# EPIDEMIOLOGIA



## INFEZIONI ETÀ PEDIATRICA:

- Respiratorie
- Urinarie
- Digestive
- **OSTEOARTICOLARI**



1965 → 2004  
INCIDENZA STABILE  
0,07/0,16 ‰

### Incidence and Characteristics of Arthritis in Norwegian Children: A Population-Based Study

Dystein Rolandsen Risa, MD, MPH<sup>1,2</sup>, Kai Samson Handeland, MD<sup>3</sup>, Milada Cvancarova, MSc<sup>1</sup>, Karl-Olaf Mathne, MD, PhD<sup>4</sup>, Britt Nakstad, MD, PhD<sup>5,6</sup>, Tore Gunnar Abrahamson, MD, PhD<sup>7</sup>, Eva Kirkhaug, MD<sup>8</sup>, Berit Flato, MD, PhD<sup>9</sup>

Downloaded from [www.pediatrics.org](http://www.pediatrics.org) by on November 20, 2008

*J. Paediatr. Child Health* (2005) 41, 59–62

### Acute osteomyelitis and septic arthritis in children

ED Goergens,<sup>1</sup> A McEvoy,<sup>1</sup> M Watson<sup>2</sup> and IR Barrett<sup>1</sup>

### Epidemiology and physiopathology of osteoarticular infections in children (newborns except)

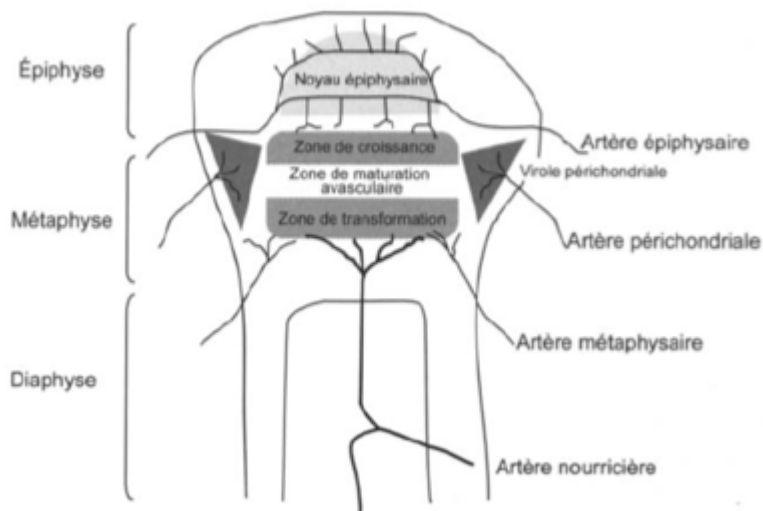
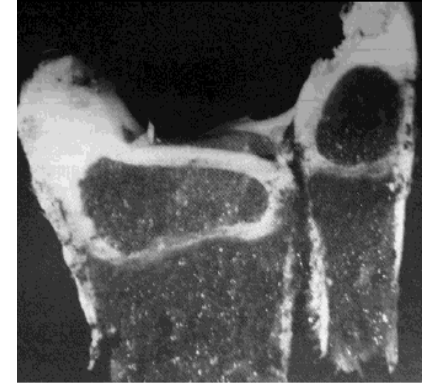
E. Grimprel<sup>1,2\*</sup>, R. Cohen<sup>1,3</sup>

Archives de pédiatrie 14 (2007) S81–S85

# CLASSIFICAZIONE

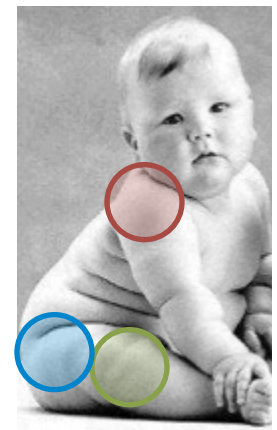
## LOCALIZZAZIONE PRIMITIVA:

- Artriti settiche
- Osteomieliti



## METAFISI INTRA-ARTICOLAIRE:

Spalla  
Anca  
Ginocchio

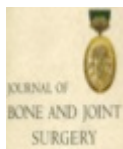
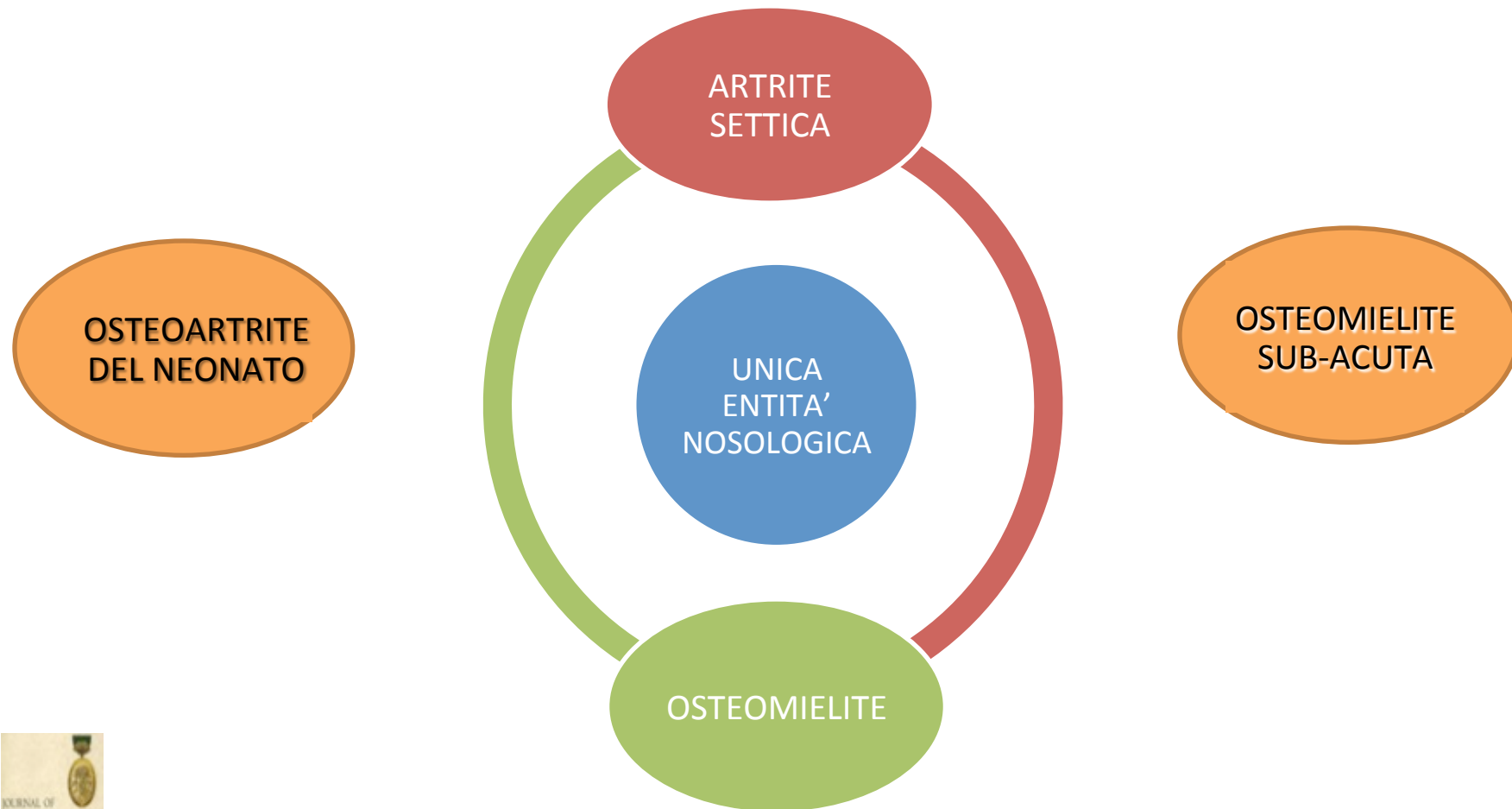


Epidemiology and physiopathology  
of osteoarticular infections in children (newborns except)

E. Grimprel<sup>1,2\*</sup>, R. Cohen<sup>1,3</sup>

Archives de pédiatrie 14 (2007) S81-S85

Trueta J. The three types of acute haematogenous osteomyelitis. A clinical and vascular study. J Bone Joint Surg (Br) 1959 ; 41 : 671-80.



**ACUTE HAEMATOGENOUS OSTEOMYELITIS AND SEPTIC ARTHRITIS—A SINGLE DISEASE**

AN HYPOTHESIS BASED UPON THE PRESENCE OF TRANSPHYSEAL BLOOD VESSELS

MARK ALDERSON, DAVID SPEERS, KERRY EMSLIE, SYDNEY NADE

*From the University of Western Australia*



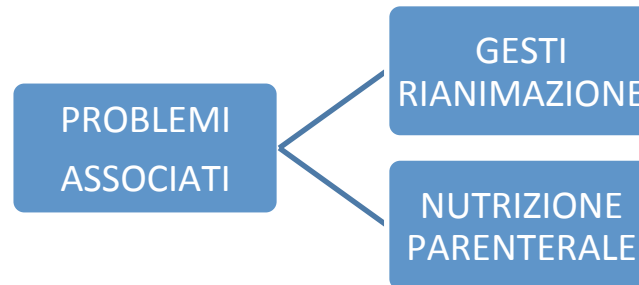
J Pediatr Orthop. 2000 Jan-Feb;20(1):40-3.

The incidence of joint involvement with adjacent osteomyelitis in pediatric patients.

# OSTEOARTRITE DEL NEONATO

## EZIOLOGIA / 1

ESTENSIONE RAPIDA DELL' INFEZIONE  
VERSO L' EPIFISI E L' ARTICOLAZIONE



- Prelievi femorali
- Puntura tallone
- Catetere d' infusione



J Bone Joint Surg Am. 1971 Apr;53(3):538-44.

Suppurative arthritis of the hip joint in infancy. A persistent diagnostic problem and possible complication of femoral venipuncture.

# EZIOLOGIA /2

## GERMI

- S. Aureus
- Streptococco
- Enterobacteri
  - Klebsiella
  - Proteus
  - E. Coli
- H. Influenza
- Pneumococco



## INFEZIONI FUNGINEA

**S. AUREUS METICILLINO RESISTENTE**

# DIAGNOSI



MANIFESTAZIONI  
SETTICHEMICHE



LOCALIZZAZIONE ARTICOLARE  
MISCONOSCIUTE



**ECOGRAFIA**

**RADIOGRAFIA TARDIVA**

- Lussazione patologica
- RIMODELLAMENTO E REAZIONE PERIOSTALE

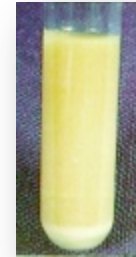




# TRATTAMENTO

## 1. PUNTURA ARTICOLARE

- Decompressione
- Prelievo

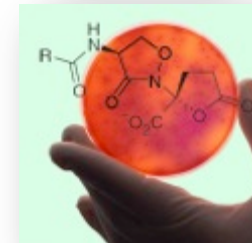


## 2. ANTIBIOTICO EMPIRICO

- Oxacillina
- Cefalosporina di 3° generazione
- Vancomicina (se MRSA)



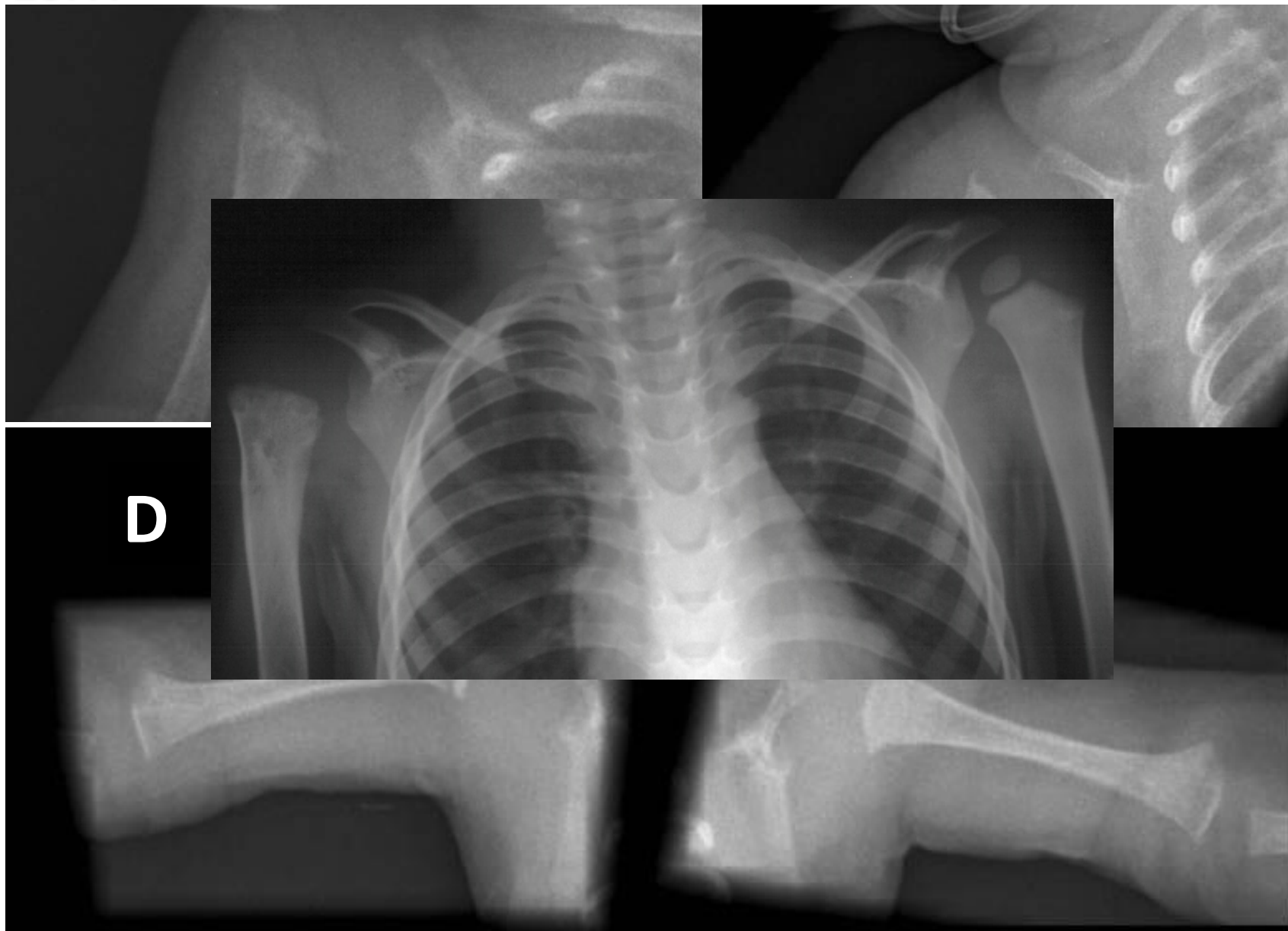
## 3. ANTIBIOTICO MIRATO



## 4. DECOMPRESSIONE ARTICOLARE

- Artrotomia

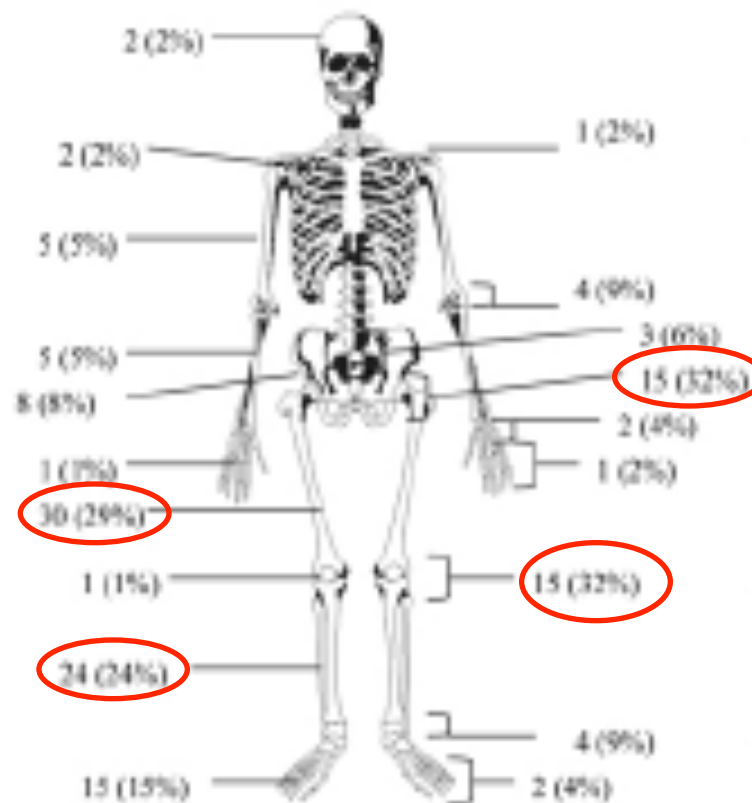
ESITI



# OSTEOMIELITE ED ARTRITE SETTICA

## OAE = ACUTA EMATOGENA

- 1/5000 età sotto 13aa
  - 50% sotto 5aa
  - 30% sotto 2aa
- Età media 6-9aa
- Ossa arti inferiori



Essaddam H, Hammou A. Osteomyelites. Encycl Med Chir (Elsevier, Paris), Radiodiagnostic, Neuroradiologie, Appareil locomoteur 31-218-B-10, 1998 : 18 p.

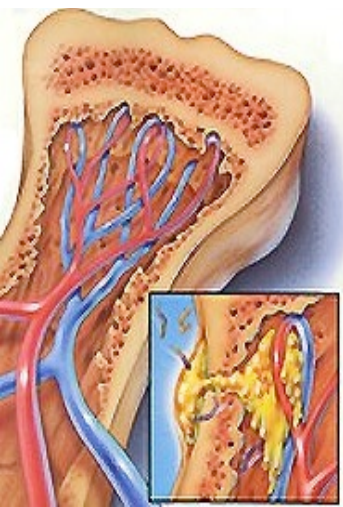
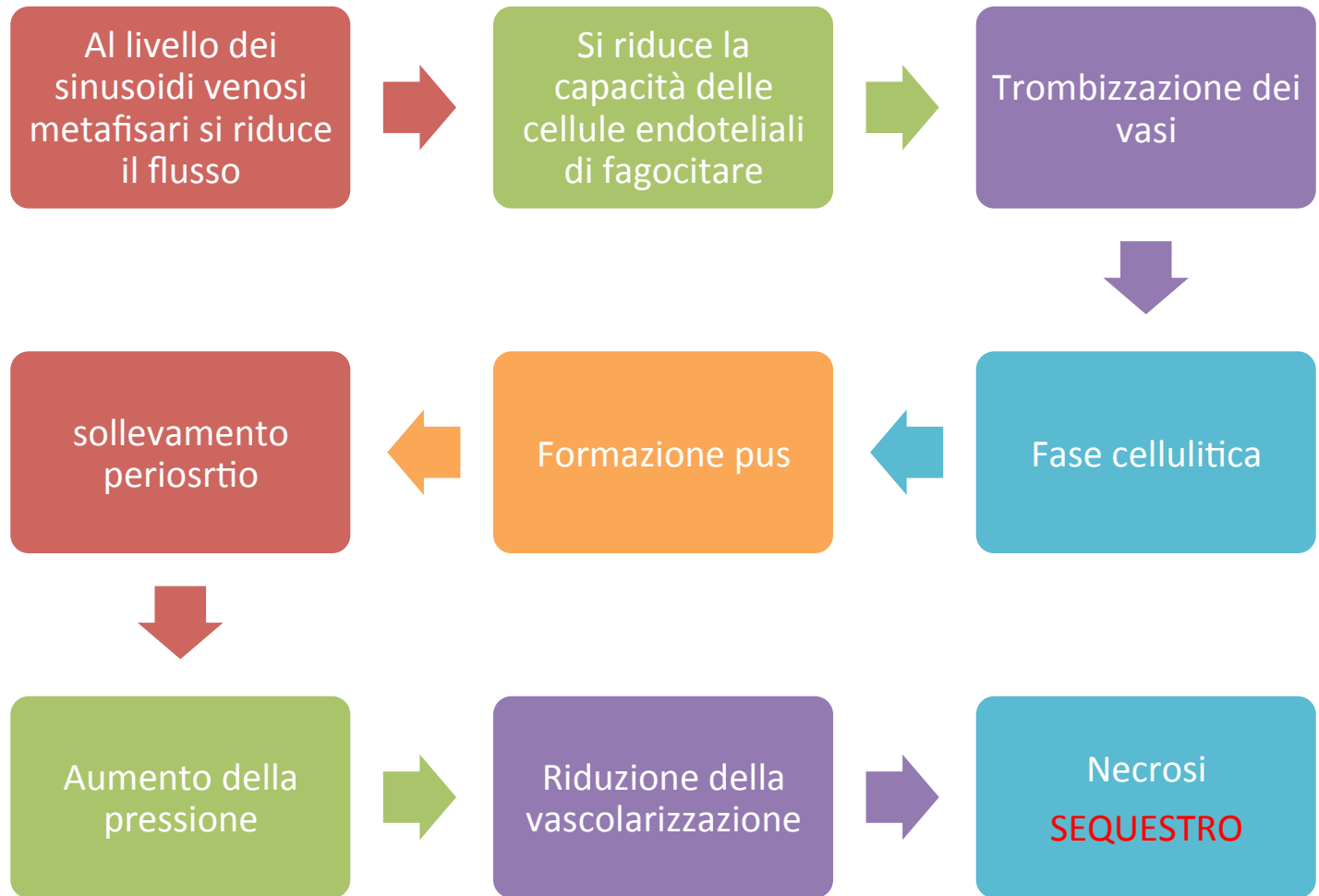
# PATOGENESI/1

## BATTEREMIA

- POSTPRANDIALE
- GERMI INCAPSULATI
  - H.Influenzae
  - Pneumococco
  - Meningococco

## STAFILOCOCCO AUREUS

## RUOLO DELL' ANATOMIA VASCOLARE



## RUOLO TRAUMA INIZIALE

- È dibattuto
- Nel 40% dei casi si evidenzia all' anamnesi



FLOGOSI

MICROEMATOMI

RALLENTAMENTO  
FLUSSO DEI SINUSOIDI  
VENOSI

Ruzic JC, Rombouts-Godin V, Drouart A, Rombouts JJ. Infections articulaires et traumatismes fermés. In : Les infections ostéo-articulaires à germes banals. Paris : Masson ; 1998. p. 257-61.



Disponible en ligne sur [www.sciencedirect.com](http://www.sciencedirect.com)  
ScienceDirect

Auteurs de publications 14 (2007) 501-503



<http://www.archivespediatrie.com>

Épidémiologie et physiopathologie  
des infections ostéoarticulaires chez l'enfant (nouveau-né exclu)

Epidemiology and physiopathology  
of osteoarticular infections in children (newborns except)

E. Grinquel<sup>1,2</sup>, R. Cohen<sup>1,3</sup>

<sup>1</sup>Service de Pédiatrie Infectieuse Pédiatrique de la Société Française de Pédiatrie.

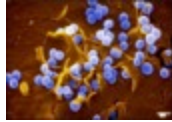
<sup>2</sup>Hôpital Américain-Paris, 26 rue d'Amal-Paris, 75012 Paris, France

<sup>3</sup>Service de Microbiologie, Hôpital Intercommunal de Créteil et Association Clinique et Pédiatrique de la Ville de Marne-la-Vallée (ACPV).

# PATOGENESI/4

## RUOLO della VIRULENZA BATTERICA

S. Aureus



PROTEINE ADESIVE



MATRICE EXTRA CELLULARE

FIBRINOGENO

FIBRONECTINA

COLLAGENE

VITRONECTINA

ELASTINA

## RUOLO DELLO S.AUREUS

- CAPACITA' DI ELUDERE LE DIFESE
  - Proteina A
  - Endotossine
  - Polisaccaride capsulare
- CAPACITA' DI PENETRAZIONE INTRATISSUTALE
  - Esotossine
  - Idrolasi



### BIOFILM

“QUORUM SENSING”

COMUNICAZIONE INTRACELLULARE



THE NEW ENGLAND  
JOURNAL of MEDICINE

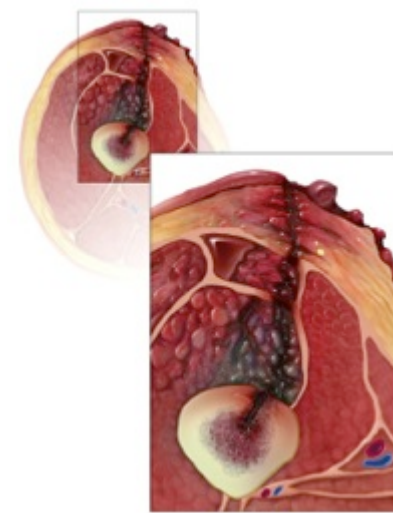
Lew DP, Waldvogel FA. Osteomyelitis. N Engl J Med 1997;336:999-1007.



# PRESENTAZIONE

MALESSERE  
LIEVE RIALZO  
FEBBRILE

SINTOMI E SEGNI  
FEBBRE ELEVATA



- Concomitante infezione
- Dolore
- Eritema
- Calore
- Tumefazione
- Impotenza funzionale



**DD ZOPPIA NEL BAMBINO**

**Table 2: An Algorithm for Predicting the Probability of Septic Arthritis Based on History of Fever, Non-Weight Bearing, ESR, and WBC**

History of fever	Non-weight bearing	ESR >40 mm/h	Serum WBC >12,000 cells per mm <sup>3</sup>	Predicted probability of septic arthritis (%)
Yes	Yes	Yes	Yes	99.8
Yes	Yes	Yes	No	97.3
Yes	Yes	No	Yes	95.2
Yes	Yes	No	No	57.8
Yes	No	Yes	Yes	95.5
Yes	No	Yes	No	62.2
Yes	No	No	Yes	44.8
Yes	No	No	No	5.3
No	Yes	Yes	Yes	92.0
No	Yes	Yes	No	48.0
No	Yes	No	Yes	33.8
No	Yes	No	No	3.4
No	No	Yes	Yes	35.3
No	No	Yes	No	3.7
No	No	No	Yes	2.1
No	No	No	No	0.1

← 99,8%

97,3%

57,8%

48%

3,4%

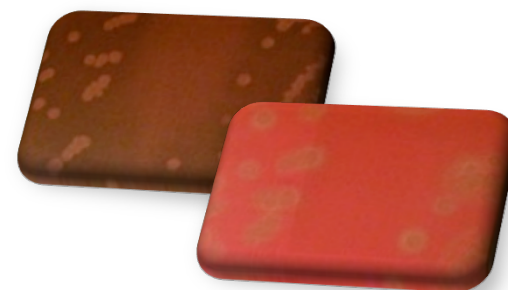
Adapted from: Kocher MS, Zurakowski D, Kasser JR. Differentiating between septic arthritis and transient synovitis of the hip in children: an evidence-based clinical prediction algorithm. *J Bone Joint Surg Am.* 1999;81:1662-1670.

**Livello  
evidenza 1**

# LABORATORIO



- **Leucociti (neutrofili)**
- **VES**
- **dove e se possibile PCR**



Neonato  
Bambino CCS  
Drepanocitosi



VES Bassa

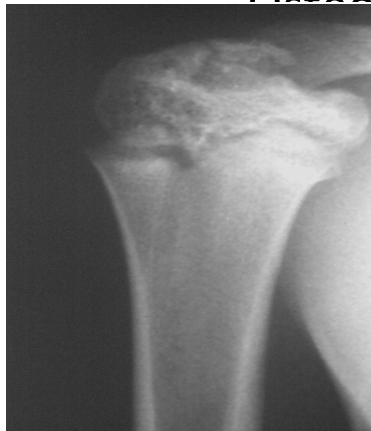
# DIAGNOSTICA PER IMMAGINI/ RDX

## LA RADIOGRAFIA E' SEMPRE IN RITARDO SULLA CLINICA

- RIGONFIAMENTO TESSUTI MOLLI (1° segno)
- SCOLLAMENTO PERIOSTALE (3gg)
- LESIONE OSSEA (2 settimane)
  - Lesione a carta geografica
  - Apposizione ossea
  - Sequestro

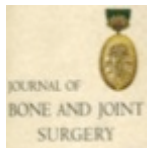
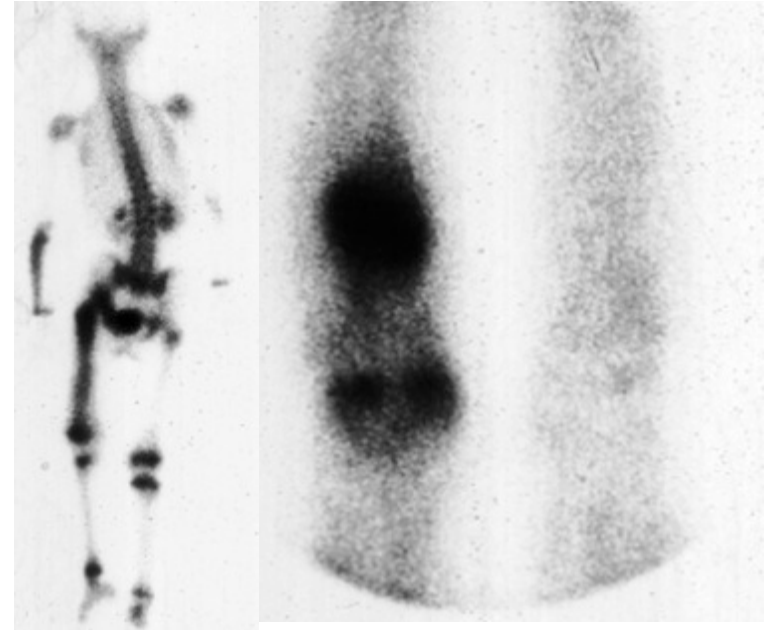


Osteolisi e rigonfiamento



# DIAGNOSTICA PER IMMAGINI/ SCINTIGRAFIA

- RUOLO DISCUSO
- SENSIBILITA' 80%



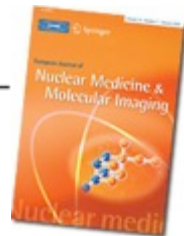
## ISOTOPE BONE SCANNING FOR ACUTE OSTEOMYELITIS AND SEPTIC ARTHRITIS IN CHILDREN

C. E. TUSON, E. B. HOFFMAN, M. D. MANN

## Acute Hematogenous Osteomyelitis of Children: Assessment of Skeletal Scintigraphy-Based Diagnosis in the Era of MRI

Leonard P. Connolly, MD, Susan A. Connolly, MD, Laura A. Deibach, MD, Diego Jaramillo, MD, and S. Ted Tarver, MD

Department of Radiology, Children's Hospital, Boston, Massachusetts



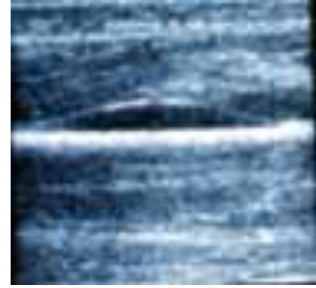
Forme fredde



Segno di gravita'

**RISCHIO DI RITARDARE LA DIAGNOSI CON ESAME NON INDISPENSABILE**

# DIAGNOSTICA PER IMMAGINI/ ECOGRAFIA



## ASCESSI SUBPERIOSTALI

### Protocollo di Tunisi: Ecografia giornaliera per almeno 1 settimana



Essaddam H, Hammou A. Ostéomyélites. Encycl Med Chir (Elsevier, Paris), Radiodiagnostic, Neuroradiologie, Appareil locomoteur 31-218-B-10, 1998 : 18 p.

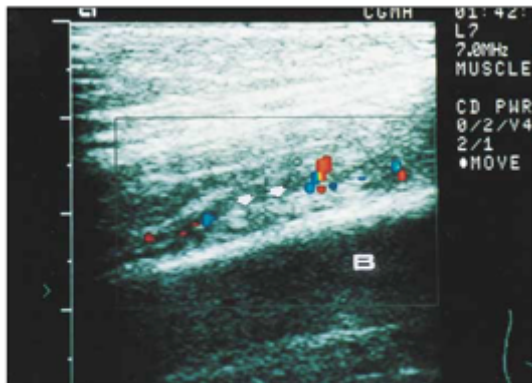


Figure 1 Initial CDUS image (case 6) demonstrates color Doppler vascular flow within and around the periosteum (arrows). Patients with this CDUS feature usually have symptoms for more than 4 days. B, Bone.

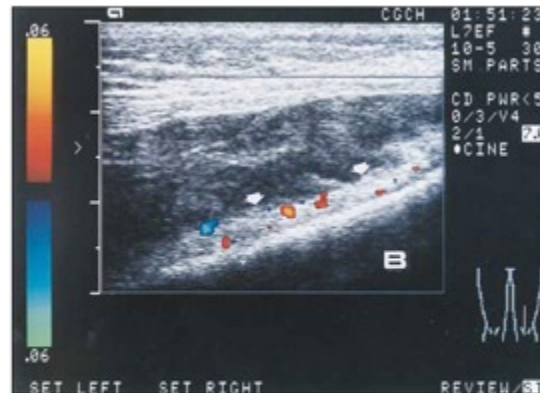


Figure 2 Initial CDUS image (case 10) demonstrates thickened periosteum (arrows) with high duplex ultrasonographic vascularity and correlates with high serum CRP levels. This CDUS feature indicates advanced osteomyelitis. B, Bone.



Figure 3 Follow-up CDUS image (case 10) demonstrates increased color Doppler vascular flows in the affected periosteum and periosteal low echogenic mass (arrows), which is suggestive of periosteal abscess and correlates with elevation of serum CRP levels, indicating the progression of osteomyelitis. The patient underwent surgical excision and drainage of pus. B, Bone.

# DIAGNOSTICA PER IMMAGINI/ RMN

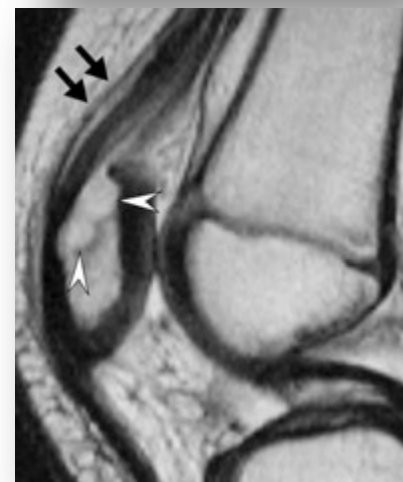


## LIMITI

- Accessibilità
- Costi
- Sedazione
- Sensibile ma poco specifico

## CIO NONOSTANTE

- Ascesso metafisario (con m.d.c)
- dd con lesione tumorale
- Precocità
  - Edema t.molle
  - Edema midollare



# TRATTAMENTO D'URGENZA



- Prelievo
- Antibiotico empirico

 **S.Aureus**

– Scelta dell' antibiotico



LA 1 Terapia antibiotica empirica iniziale per l'osteomielite

Tipo di pazienti	Probabile microrganismo	Antibiotico iniziale
Neonato*	Streptococchi di gruppo B, <i>S. aureus</i> , o bacilli Gram-negativi	Oxacillina 150 mg/kg/24 h in dosi suddivise ogni 6 ore + gentamicina 7,5 mg/kg/24 h in dosi suddivise ogni 8 ore; oppure oxacillina + cefotaxima 150 mg/kg/24 h in dosi suddivise ogni 8 ore
Bambini piccoli o più grandicelli	<i>S. aureus</i> , <i>S. pneumoniae</i> , streptococchi di gruppo A	Oxacillina 150 mg/kg/24 h in dosi suddivise ogni 6 ore
Se allergici alla penicillina		Cefazolina 100 mg/kg/24 h in dosi suddivise ogni 6 ore
Se allergici alla penicillina e alla cefalosporina		Clindamicina 35-40 mg/kg/24 h in dosi suddivise ogni 6 ore; oppure vancomicina 40 mg/kg/24 h in dosi suddivise ogni 6 ore
Pazienti con anemia drepanocitica	<i>S. aureus</i> o <i>Salmonella</i> spp.	Oxacillina e cefotaxima

Durata dibattuta

3 settimane per via parenterale seguite da 3 settimane per OS

Riduzione della febbre

Riduzione della PCR dopo 24h – 48h





## IMMOBILIZZAZIONE

APPARECCHIO GESSATO O DYNACAST SOFT(45 GIORNI)  
RUOLO ANTALGICO, PREVENZIONE DI ATTEGGIAMENTI VIZIOSI

## CONTROLLI

REGOLARI CLINICI, LABORATORIO, RADIOGRAFICI  
**G10**, G30, G45, G90

## BILANCIO DEL DECIMO GIORNO



# INTERVENTO

## DIAGNOSI PRECOCE ... MENO INDICAZIONI CHIRURGICHE!

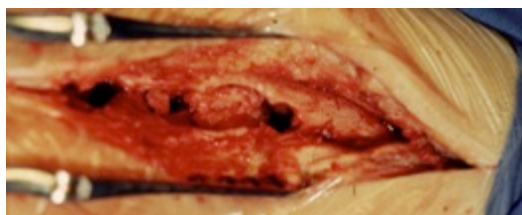
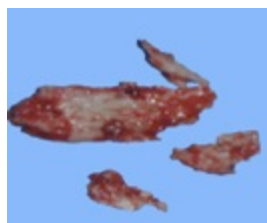


ANTIBIOTICI → Riduzione della mortalità



CHIRURGIA → Riduzione della morbosità

DRENAGGIO ASCESSO SUB-PERIOSTSTALE  
SEQUESTRO, NECROSI  
PUS NEL CANALE MIDOLLARE

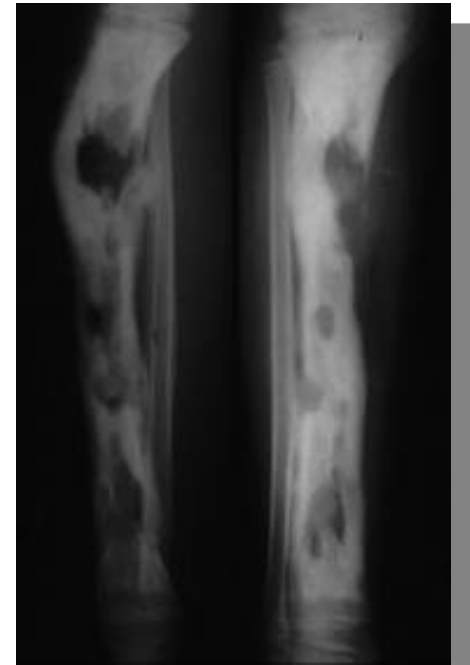
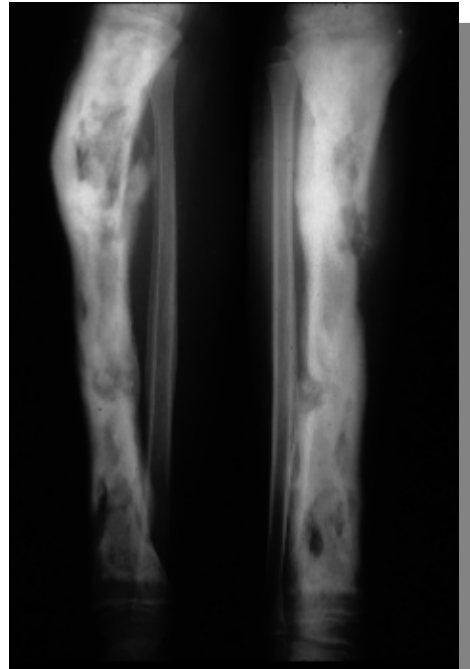


# INTERVENTO

Pandiafisite di tibia

Sequestro + necrosi

CURRETAGE



GUARIGIONE  
SPONTANEA  
Cicatrizzazione per  
seconda intenzione



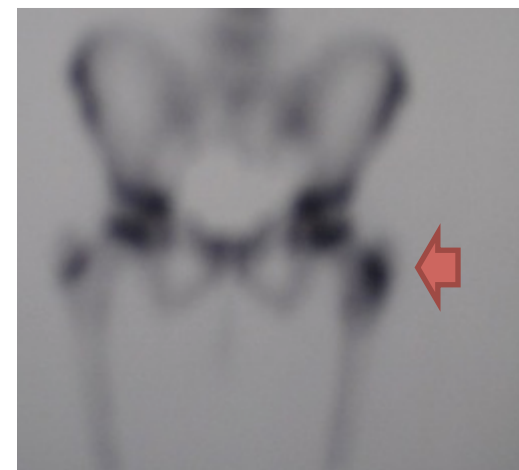
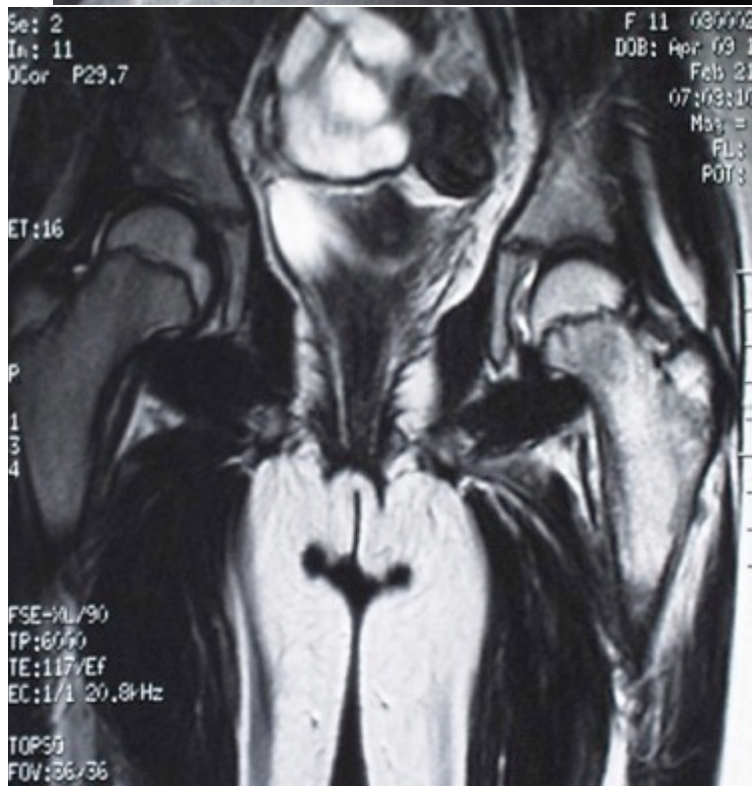
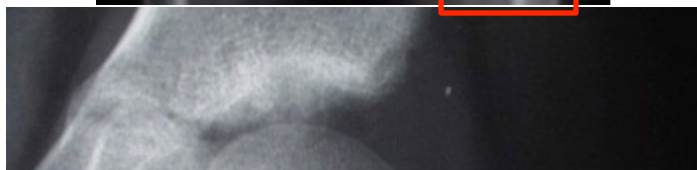
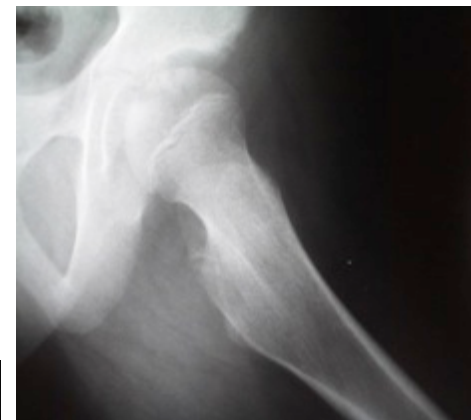
# CASO CLINICO 1

g + 10gg

Dolore

Febbre

VES , LEUCOCITOSI



## CASO CLINICO 1

- **Biopsia e prelievo**
- **Immobilizzazione**
- **Antibiotico empirico  
sufficiente (SA)**

**Evoluzione favorevole**



## CASO CLINICO 2

Bambino di 11aa  
distorsione di caviglia

**FEBBRE, LAB +**

G + 15gg

G + 21gg



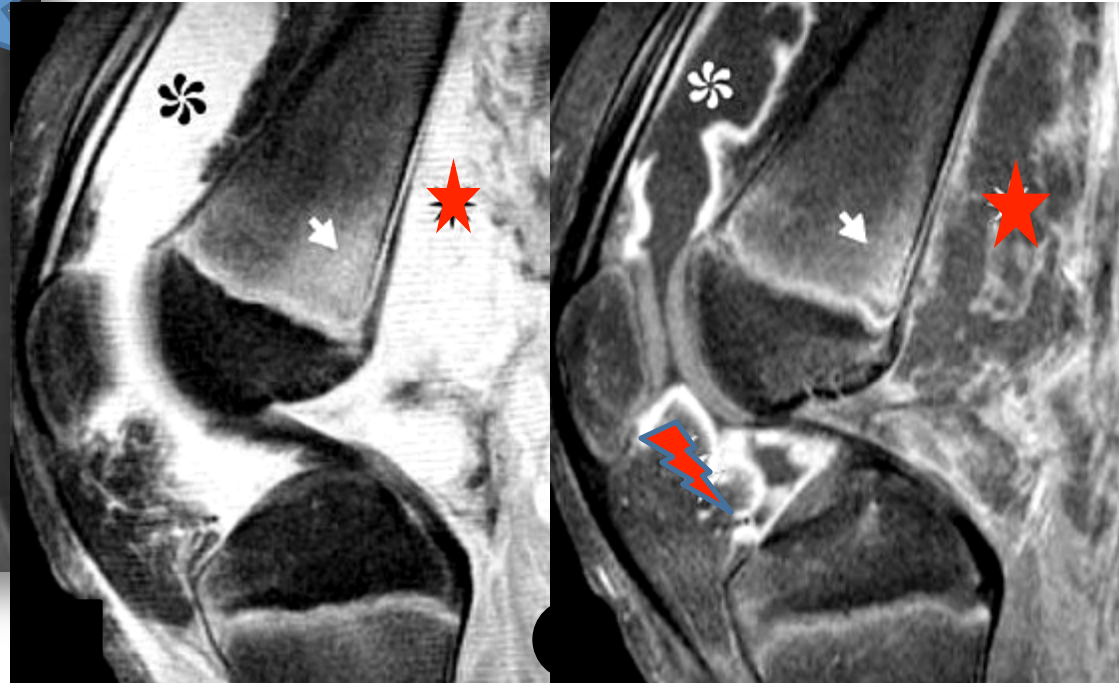
Apposizione  
periostale

Osteolisi  
midollare

# CASO CLINICO 3



BAMBINO DI 10 AA - SPORTIVO  
TONSILLITE FEBBRE, GONALGIA, VES e PCR  
**PRECOCITA' QUADRO RMN**



➔ EDEMA ED IPERINTENSITA' DI SEGNALE METAFISI FEMORALE

★ ASCESSO ED IMPEGNO TESSUTI MOLLI

✿ VERSAMENTO ARTICOLARE

⚡ IPERTROFIA SINOVIALE

## CASO CLINICO 4

BAMBINA 21 MESI

TONSILLITE DOPO 7GG FEBBRE, TUMEFAZIONE CAVIGLIA E VES+LEUCOCITOSI





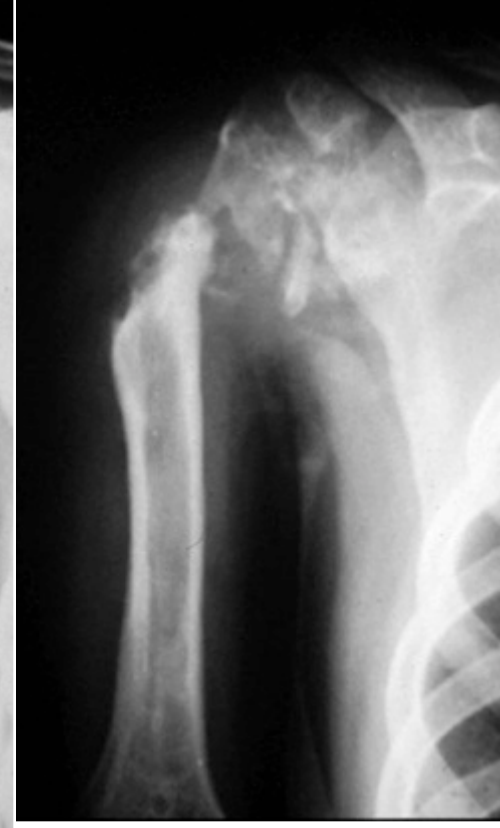
# ESITI

- Lesione della cartilagine epifisaria
- Turbe d' accrescimento



# ESITI

## PANDIAFISITE ARTRITE



## NECROSI

# ESITI



**PANDIAFISITE DEL RADIO**  
**EPIFISIODESI AL POLSO**



**PANDIAFISITE DEL FEMORE**  
**IPOMETRIA RESIDUA**

# OSTEOMIELITE SUB-ACUTA

- Entità ben definita
- Caratteristiche
  - Inizio insidioso
  - Assenza segni generali
  - Evoluzione benigna
- Localizzazione
  - Metafisi ed epifisi
  - No alterazioni dell' accrescimento



Subacute Osteomyelitis in Children. Gledhill, Robert B. M.D., F.R.CS.(C)  
Clinical Orthopaedics & Related Research. 96:57-69, October 1973.

POSTGRAD. MED. J. (1964), 38, 97

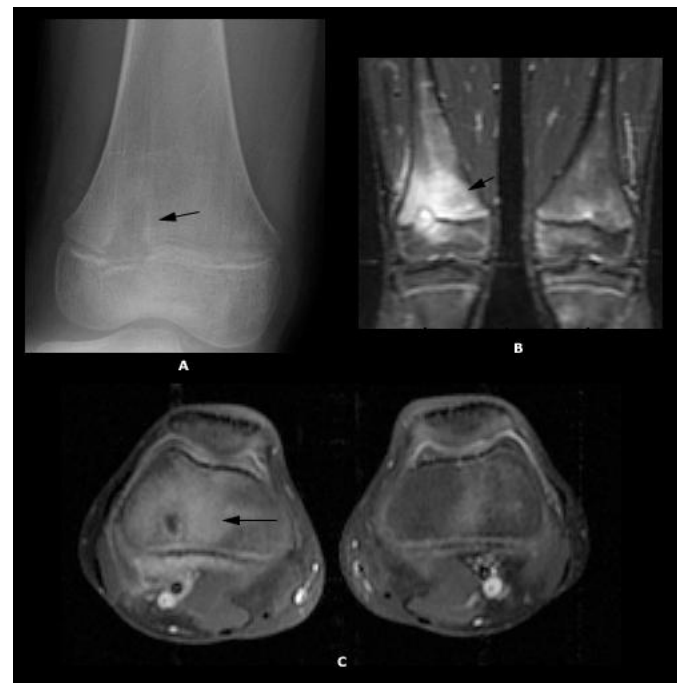
## THE PROBLEMS OF ORTHOPAEDIC SURGERY IN NORTHERN NIGERIA

A. F. BRYSON, F.R.C.S.  
*Senior Specialist, Orthopaedic Hospital, Kano, N. Nigeria*

## PRIMARY SUBACUTE PYOGENIC OSTEOMYELITIS

N. H. HARRIS, LONDON, ENGLAND, and  
W. H. KIRKALDY-WILLIS, \*SASKATOON, CANADA

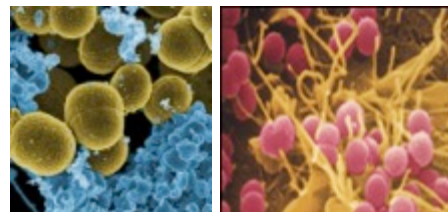
*From the Royal National Orthopaedic Hospital and the Institute of Orthopaedics, London, and  
the \*Charles Camshell Hospital and Surgical-Medical Research Institute, Edmonton, Alberta*



## EZIOLOGIA

Infezione ematogena con poca virulenza  
e/o buona difesa

- S. Aureus
- Kingella Kingae

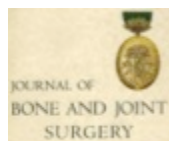


## TERAPIA

### – Antibiotico

#### OXACILLINA

- e.v per 48h
- Poi per os per 7 settimane



#### TREATMENT OF SUBACUTE OSTEOMYELITIS IN CHILDHOOD

E. R. S. ROSS, W. G. COLE

*From The Royal Children's Hospital, Melbourne*

# DIAGNOSI DIFFERENZIALE

Per le caratteristiche

Per l'aspetto radiografico

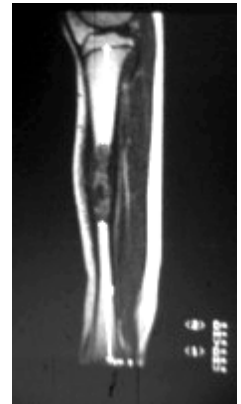
- Granuloma eosinofilo
- Sarcoma osteogenetico
- Osteoma osteoide



Ann Pediatr (Paris). 1984 Feb;31(2):148-53  
Subacute pseudo-tumorous osteomyelitis of the long bones in children



**OSTEOMIELITE  
PSEUDOTUMORALE**



Revue de Chirurgie Orthopédique et Réparatrice de l'Appareil  
Moteur Vol 86, N° 1 - février 2000 p. 74  
Ostéomyélite subaiguë pseudo-tumorale